

Report Generated: 01/21/10		Since Date: 01/15/2010		Until Date: 01/25/2010		
Seasonal Best vs Baseline		Baseline: Use [Best Time] Before [Since Date]				
Time	P/F/T	Improvement		Event	Swim Date	Meet Name
Alford, Robert (10) B						
35.05Y	P	-0.24	-0.68%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
35.29Y	F	Baseline		50 Free	12/12/09	Trey Heye Memorial Invitationa
1:16.97Y	P	-1.90	-2.41%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:18.87Y	F	Baseline		100 Free	12/05/09	2009 Ocean Spray Invitational
41.68Y	P	-0.81	-1.91%	50 Back	01/16/10	Neutrogena NWAA Winter Invitat
42.49Y	F	Baseline		50 Back	12/12/09	Trey Heye Memorial Invitationa
1:27.86Y	P	-5.01	-5.39%	100 Back	01/17/10	Neutrogena NWAA Winter Invitat
1:32.87Y	F	Baseline		100 Back	11/07/09	2009 RAC AquaHawks Fall Invita
49.61Y	P	-2.14	-4.14%	50 Breast	01/17/10	Neutrogena NWAA Winter Invitat
51.75Y	F	Baseline		50 Breast	11/21/09	Paul Blair Thanksgiving Invita
42.02Y	P	-2.02	-4.59%	50 Fly	01/16/10	Neutrogena NWAA Winter Invitat
44.04Y	F	Baseline		50 Fly	12/06/09	2009 Ocean Spray Invitational
Bish, Austin (15) B						
24.12Y	P	-0.90	-3.60%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
25.02Y	F	Baseline		50 Free	10/09/09	46th Annual Bob Courtway Fall
5:16.73Y	F	-1.36	-0.43%	500 Free	01/17/10	Neutrogena NWAA Winter Invitat
5:18.09Y	F	Baseline		500 Free	01/18/09	Neutrogena NWAA Winter Invitat
1:06.69Y	P	1.57	2.41%	100 Breast	01/17/10	Neutrogena NWAA Winter Invitat
1:05.12Y	P	Baseline		100 Breast	12/18/09	18th Annual Elite Pro-Am Swim
2:25.06Y	F	-4.99	-3.33%	200 Breast	01/16/10	Neutrogena NWAA Winter Invitat
2:30.05Y	F	Baseline		200 Breast	10/09/09	46th Annual Bob Courtway Fall
58.75Y	P	0.15	0.26%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
58.60Y	P	Baseline		100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
2:09.08Y	F	0.78	0.61%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:08.30Y	F	Baseline		200 Medley	02/14/09	2009 AR Short Course State Cha
4:39.84Y	F	-9.67	-3.34%	400 Medley	01/15/10	Neutrogena NWAA Winter Invitat
4:49.51Y	F	Baseline		400 Medley	01/16/09	Neutrogena NWAA Winter Invitat
Bish, Blair (13) B						
59.83Y	F	-2.08	-3.36%	100 Back	01/16/10	Neutrogena NWAA Winter Invitat
1:01.91Y	F	Baseline		100 Back	11/07/09	2009 RAC AquaHawks Fall Invita
2:08.83Y	P	-10.36	-7.44%	200 Back	01/17/10	Neutrogena NWAA Winter Invitat
2:19.19Y	F	Baseline		200 Back	10/09/09	46th Annual Bob Courtway Fall
1:05.15Y	P	-0.92	-1.39%	100 Breast	01/17/10	Neutrogena NWAA Winter Invitat
1:06.07Y	P	Baseline		100 Breast	12/18/09	18th Annual Elite Pro-Am Swim
2:23.46Y	F	-40.01	-21.81%	200 Breast	01/16/10	Neutrogena NWAA Winter Invitat
3:03.47Y	F	Baseline		200 Breast	02/08/08	2008 Valentine Invitational
1:01.78Y	P	4.52	7.89%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
57.26Y	P	Baseline		100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
2:11.17Y	P	-1.69	-1.27%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat

2:12.86Y	F	Baseline		200 Medley	11/20/09	Paul Blair Thanksgiving Invita
4:34.04Y	F	-34.16	-11.08%	400 Medley	01/15/10	Neutrogena NWAA Winter Invitat
5:08.20Y	F	Baseline		400 Medley	01/16/09	Neutrogena NWAA Winter Invitat
Botner, Cayman (11) B						
35.22Y	P	-0.76	-2.11%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
35.98Y	P	Baseline		50 Free	02/14/09	2009 AR Short Course State Cha
1:18.49Y	P	-3.04	-3.73%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:21.53Y	F	Baseline		100 Free	11/21/09	Paul Blair Thanksgiving Invita
42.49Y	P	-0.43	-1.00%	50 Back	01/16/10	Neutrogena NWAA Winter Invitat
42.92Y	F	Baseline		50 Back	03/14/09	St. Patty's Day Swim-A-Palooza
1:32.72Y	P			100 Back	01/17/10	Neutrogena NWAA Winter Invitat
48.54Y	P	-2.40	-4.71%	50 Breast	01/17/10	Neutrogena NWAA Winter Invitat
50.94Y	F	Baseline		50 Breast	10/10/09	46th Annual Bob Courtway Fall
1:48.23Y	P	0.37	0.34%	100 Breast	01/16/10	Neutrogena NWAA Winter Invitat
1:47.86Y	F	Baseline		100 Breast	11/22/09	Paul Blair Thanksgiving Invita
Bowen, Brian (36) B						
24.86Y	P	0.11	0.44%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
24.75Y	P	Baseline		50 Free	01/17/09	Neutrogena NWAA Winter Invitat
Bowen, Tristen (9) B						
38.39Y	P	-1.07	-2.71%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
39.46Y	F	Baseline		50 Free	11/22/09	Paul Blair Thanksgiving Invita
47.15Y	P	-2.04	-4.15%	50 Back	01/16/10	Neutrogena NWAA Winter Invitat
49.19Y	F	Baseline		50 Back	12/05/09	2009 Ocean Spray Invitational
49.59Y	P	-2.58	-4.95%	50 Breast	01/17/10	Neutrogena NWAA Winter Invitat
52.17Y	F	Baseline		50 Breast	12/05/09	2009 Ocean Spray Invitational
48.80Y	P	-0.02	-0.04%	50 Fly	01/16/10	Neutrogena NWAA Winter Invitat
48.82Y	F	Baseline		50 Fly	12/12/09	Trey Heye Memorial Invitationa
Burroughs, Andi (15) G						
5:42.02Y	F	3.62	1.07%	500 Free	01/17/10	Neutrogena NWAA Winter Invitat
5:38.40Y	F	Baseline		500 Free	01/18/09	Neutrogena NWAA Winter Invitat
1:08.01Y	P	1.52	2.29%	100 Back	01/16/10	Neutrogena NWAA Winter Invitat
1:06.49Y	F	Baseline		100 Back	02/14/09	2009 AR Short Course State Cha
1:11.86Y	F	2.53	3.65%	100 Breast	01/17/10	Neutrogena NWAA Winter Invitat
1:09.33Y	F	Baseline		100 Breast	02/15/09	2009 AR Short Course State Cha
2:32.54Y	P	-1.84	-1.19%	200 Breast	01/16/10	Neutrogena NWAA Winter Invitat
2:34.38Y	F	Baseline		200 Breast	02/13/09	2009 AR State Championship Fri
1:05.17Y	F	-0.04	-0.06%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
1:05.21Y	F	Baseline		100 Fly	11/22/09	Paul Blair Thanksgiving Invita
2:20.29Y	F	3.36	2.45%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:16.93Y	F	Baseline		200 Medley	02/14/09	2009 AR Short Course State Cha
4:56.85Y	F	0.91	0.31%	400 Medley	01/15/10	Neutrogena NWAA Winter Invitat
4:55.94Y	F	Baseline		400 Medley	11/20/09	Paul Blair Thanksgiving Invita
Clay, Bradley (16) B						

	P	-0.14	-0.55%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
25.36Y	F	Baseline		50 Free	11/22/09	Paul Blair Thanksgiving Invita
56.88Y	P	-0.84	-1.46%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
57.72Y	P	Baseline		100 Free	11/21/09	Paul Blair Thanksgiving Invita
1:05.38Y	P			100 Back	01/16/10	Neutrogena NWAA Winter Invitat
1:04.43Y	P	-0.95	-1.45%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
1:05.38Y	F	Baseline		100 Fly	11/22/09	Paul Blair Thanksgiving Invita
2:16.44Y	P			200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
Cox, Shelby (18) G						
24.00Y	F	-0.07	-0.29%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
24.07Y	F	Baseline		50 Free	02/15/09	2009 AR Short Course State Cha
52.78Y	F	-0.30	-0.57%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
53.08Y	F	Baseline		100 Free	02/14/09	2009 AR Short Course State Cha
29.23YL	F	1.36	4.88%	50 Back	01/16/10	Neutrogena NWAA Winter Invitat
27.87Y	F	Baseline		50 Back	12/21/08	17th Annual Elite Pro-Am Swim Meet
57.13Y	F	-1.15	-1.97%	100 Back	01/16/10	Neutrogena NWAA Winter Invitat
58.28Y	F	Baseline		100 Back	12/19/09	18th Annual Elite Pro-Am Swim
2:12.11Y	F	-1.68	-1.26%	200 Back	01/17/10	Neutrogena NWAA Winter Invitat
2:13.79Y	F	Baseline		200 Back	11/21/09	Paul Blair Thanksgiving Invita
1:04.23Y	P	2.75	4.47%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
1:01.48Y	P	Baseline		100 Fly	03/06/09	CSRVIII 2009 SC SPEEDO CHAMPIO
Evans, Reagan (11) G						
1:10.14Y	P	0.76	1.10%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:09.38Y	F	Baseline		100 Free	12/12/09	Trey Heye Memorial Invitationa
34.76Y	P	-2.89	-7.68%	50 Back	01/16/10	Neutrogena NWAA Winter Invitat
37.65Y	F	Baseline		50 Back	11/08/09	2009 RAC AquaHawks Fall Invita
1:17.21Y	P	0.20	0.26%	100 Back	01/17/10	Neutrogena NWAA Winter Invitat
1:17.01Y	F	Baseline		100 Back	12/12/09	Trey Heye Memorial Invitationa
34.78Y	F	-3.49	-9.12%	50 Fly	01/16/10	Neutrogena NWAA Winter Invitat
38.27Y	F	Baseline		50 Fly	03/14/09	St. Patty's Day Swim-A-Palooza
1:23.47Y	P	0.87	1.05%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
1:22.60Y	F	Baseline		100 Fly	12/05/09	2009 Ocean Spray Invitational
2:44.96Y	F	-3.86	-2.29%	200 Medley	01/15/10	Neutrogena NWAA Winter Invitat
2:48.82Y	F	Baseline		200 Medley	12/12/09	Trey Heye Memorial Invitationa
Gore, Ashley (11) G						
32.00Y	P	-0.02	-0.06%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
32.02Y	F	Baseline		50 Free	10/24/09	Jacksonville Invitational
1:10.88Y	P	0.43	0.61%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:10.45Y	F	Baseline		100 Free	11/21/09	Paul Blair Thanksgiving Invita
2:35.02Y	P	-4.39	-2.75%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
2:39.41Y	F	Baseline		200 Free	12/11/09	Trey Heye Memorial Invitationa
38.19Y	P	-0.73	-1.88%	50 Back	01/16/10	Neutrogena NWAA Winter Invitat
38.92Y	F	Baseline		50 Back	10/24/09	Jacksonville Invitational

42.98Y	P	-1.93	-4.30%	50 Breast	01/17/10	Neutrogena NWAA Winter Invitat
44.91Y	F	Baseline		50 Breast	10/24/09	Jacksonville Invitational
2:49.04Y	P	-7.40	-4.19%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:56.44Y	F	Baseline		200 Medley	12/12/09	Trey Heye Memorial Invitationa
Greenwood, Paige (16) G						
5:43.67Y	F	8.77	2.62%	500 Free	01/17/10	Neutrogena NWAA Winter Invitat
5:34.90Y	F	Baseline		500 Free	02/13/09	2009 AR Short Course State Cha
1:07.43Y	F	1.97	3.01%	100 Back	01/16/10	Neutrogena NWAA Winter Invitat
1:05.46Y	F	Baseline		100 Back	02/14/09	2009 AR Short Course State Cha
2:22.99Y	P	2.53	1.80%	200 Back	01/17/10	Neutrogena NWAA Winter Invitat
2:20.46Y	P	Baseline		200 Back	11/21/09	Paul Blair Thanksgiving Invita
1:18.60Y	P	2.12	2.77%	100 Breast	01/17/10	Neutrogena NWAA Winter Invitat
1:16.48Y	F	Baseline		100 Breast	03/09/07	Arkansas Age Group Championshi
2:28.02Y	F	5.52	3.87%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:22.50Y	F	Baseline		200 Medley	03/07/08	Arkansas Age Group Championshi
5:14.26Y	F	3.58	1.15%	400 Medley	01/15/10	Neutrogena NWAA Winter Invitat
5:10.68Y	F	Baseline		400 Medley	01/12/07	12th Annual NWAA Winter Invita
Griffin, Christopher (15) B						
25.41Y	P	-0.28	-1.09%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
25.69Y	P	Baseline		50 Free	02/15/09	2009 AR Short Course State Cha
55.02Y	P	-1.43	-2.53%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
56.45Y	F	Baseline		100 Free	11/07/09	2009 RAC AquaHawgs Fall Invita
5:36.61Y	F	-4.39	-1.29%	500 Free	01/17/10	Neutrogena NWAA Winter Invitat
5:41.00Y	F	Baseline		500 Free	12/11/09	Trey Heye Memorial Invitationa
1:13.51Y	P	-1.43	-1.91%	100 Breast	01/17/10	Neutrogena NWAA Winter Invitat
1:14.94Y	F	Baseline		100 Breast	11/21/09	Paul Blair Thanksgiving Invita
2:41.56Y	P	-1.57	-0.96%	200 Breast	01/16/10	Neutrogena NWAA Winter Invitat
2:43.13Y	F	Baseline		200 Breast	11/22/09	Paul Blair Thanksgiving Invita
2:28.01Y	P	-3.94	-2.59%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:31.95Y	F	Baseline		200 Medley	11/07/09	2009 RAC AquaHawgs Fall Invita
Griffith, Alexandra (12) G						
28.21Y	P	-0.90	-3.09%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
29.11Y	F	Baseline		50 Free	11/22/09	Paul Blair Thanksgiving Invita
1:01.32Y	F	-2.71	-4.23%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:04.03Y	F	Baseline		100 Free	10/10/09	46th Annual Bob Courtway Fall
2:17.03Y	P	-2.51	-1.80%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
2:19.54Y	F	Baseline		200 Free	11/22/09	Paul Blair Thanksgiving Invita
1:10.62Y	F	-2.22	-3.05%	100 Back	01/17/10	Neutrogena NWAA Winter Invitat
1:12.84Y	F	Baseline		100 Back	10/10/09	46th Annual Bob Courtway Fall
1:24.37Y	P	-2.78	-3.19%	100 Breast	01/16/10	Neutrogena NWAA Winter Invitat
1:27.15Y	F	Baseline		100 Breast	11/22/09	Paul Blair Thanksgiving Invita
2:37.12Y	P	0.90	0.58%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:36.22Y	F	Baseline		200 Medley	11/20/09	Paul Blair Thanksgiving Invita

Haralson, Delaney (11) G						
2:08.53Y	F	-1.55	-1.19%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
2:10.08Y	F	Baseline		200 Free	11/07/09	2009 IN CSC Fall Frenzy
32.30Y	F	-0.36	-1.10%	50 Back	01/16/10	Neutrogena NWAA Winter Invitat
32.66Y	F	Baseline		50 Back	11/22/09	Paul Blair Thanksgiving Invita
1:09.69Y	P	0.15	0.22%	100 Back	01/17/10	Neutrogena NWAA Winter Invitat
1:09.54Y	F	Baseline		100 Back	11/21/09	Paul Blair Thanksgiving Invita
30.79Y	P	-0.73	-2.32%	50 Fly	01/16/10	Neutrogena NWAA Winter Invitat
31.52Y	F	Baseline		50 Fly	11/21/09	Paul Blair Thanksgiving Invita
1:07.07Y	F	-1.61	-2.34%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
1:08.68Y	F	Baseline		100 Fly	11/22/09	Paul Blair Thanksgiving Invita
2:25.14Y	F	-1.80	-1.22%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:26.94Y	F	Baseline		200 Medley	11/20/09	Paul Blair Thanksgiving Invita
5:02.33Y	F	-10.52	-3.36%	400 Medley	01/15/10	Neutrogena NWAA Winter Invitat
5:12.85Y	F	Baseline		400 Medley	10/09/09	46th Annual Bob Courtway Fall
Hathaway, Caleb (14) B						
24.83Y	P	-0.09	-0.36%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
24.92Y	F	Baseline		50 Free	11/22/09	Paul Blair Thanksgiving Invita
1:56.18Y	F	-3.98	-3.31%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
2:00.16Y	P	Baseline		200 Free	11/21/09	Paul Blair Thanksgiving Invita
5:14.14Y	F	4.07	1.31%	500 Free	01/17/10	Neutrogena NWAA Winter Invitat
5:10.07Y	F	Baseline		500 Free	11/22/09	Paul Blair Thanksgiving Invita
17:45.41Y	F	-14.80	-1.37%	1650 Free	01/15/10	Neutrogena NWAA Winter Invitat
18:00.21Y	F	Baseline		1650 Free	11/20/09	Paul Blair Thanksgiving Invita
1:03.56Y	F	-3.17	-4.75%	100 Back	01/16/10	Neutrogena NWAA Winter Invitat
1:06.73Y	F	Baseline		100 Back	10/10/09	46th Annual Bob Courtway Fall
57.30Y	F	-0.30	-0.52%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
57.60Y	F	Baseline		100 Fly	11/22/09	Paul Blair Thanksgiving Invita
2:10.43Y	P	0.65	0.50%	200 Fly	01/16/10	Neutrogena NWAA Winter Invitat
2:09.78Y	F	Baseline		200 Fly	11/21/09	Paul Blair Thanksgiving Invita
Heye, Christopher (13) B						
2:02.60Y	F	-4.54	-3.57%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
2:07.14Y	F	Baseline		200 Free	02/15/09	2009 AR Short Course State Cha
32.20YL	F	-0.12	-0.37%	50 Back	01/16/10	Neutrogena NWAA Winter Invitat
32.32Y	P	Baseline		50 Back	01/17/09	Neutrogena NWAA Winter Invitat
2:20.40Y	F	-2.93	-2.04%	200 Back	01/17/10	Neutrogena NWAA Winter Invitat
2:23.33Y	F	Baseline		200 Back	11/21/09	Paul Blair Thanksgiving Invita
1:11.33Y	F	1.25	1.78%	100 Breast	01/17/10	Neutrogena NWAA Winter Invitat
1:10.08Y	P	Baseline		100 Breast	12/18/09	18th Annual Elite Pro-Am Swim
2:29.36Y	F	0.57	0.38%	200 Breast	01/16/10	Neutrogena NWAA Winter Invitat
2:28.79Y	F	Baseline		200 Breast	11/22/09	Paul Blair Thanksgiving Invita
2:34.33Y	F			200 Fly	01/16/10	Neutrogena NWAA Winter Invitat
2:18.48Y	F	0.47	0.34%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat

	<i>F</i>	<i>Baseline</i>		<i>200 Medley</i>	<i>11/21/09</i>	<i>Paul Blair Thanksgiving Invita</i>
4:43.26Y	F	-11.88	-4.03%	400 Medley	01/15/10	Neutrogena NWAA Winter Invitat
4:55.14Y	F	Baseline		400 Medley	11/20/09	Paul Blair Thanksgiving Invita
Heye, Ian (9) B						
36.41Y	P	-1.37	-3.63%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
37.78Y	F	Baseline		50 Free	10/24/09	Jacksonville Invitational
1:20.60Y	P	-7.44	-8.45%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:28.04Y	F	Baseline		100 Free	11/21/09	Paul Blair Thanksgiving Invita
41.04YL	F	-0.78	-1.87%	50 Back	01/16/10	Neutrogena NWAA Winter Invitat
41.82Y	F	Baseline		50 Back	12/12/09	Trey Heye Memorial Invitationa
1:29.01Y	P	-6.29	-6.60%	100 Back	01/17/10	Neutrogena NWAA Winter Invitat
1:35.30Y	F	Baseline		100 Back	11/21/09	Paul Blair Thanksgiving Invita
44.78Y	P	-3.36	-6.98%	50 Breast	01/17/10	Neutrogena NWAA Winter Invitat
48.14Y	F	Baseline		50 Breast	12/12/09	Trey Heye Memorial Invitationa
1:40.56Y	P	-2.93	-2.83%	100 Breast	01/16/10	Neutrogena NWAA Winter Invitat
1:43.49Y	F	Baseline		100 Breast	11/22/09	Paul Blair Thanksgiving Invita
Heye, Nicholas (7) B						
49.61Y	P	-0.93	-1.84%	50 Breast	01/17/10	Neutrogena NWAA Winter Invitat
50.54Y	F	Baseline		50 Breast	12/12/09	Trey Heye Memorial Invitationa
1:49.32Y	P	-5.89	-5.11%	100 Breast	01/16/10	Neutrogena NWAA Winter Invitat
1:55.21Y	F	Baseline		100 Breast	11/22/09	Paul Blair Thanksgiving Invita
Heye, Thomas (11) B						
5:41.79Y	F	-11.41	-3.23%	500 Free	01/17/10	Neutrogena NWAA Winter Invitat
5:53.20Y	F	Baseline		500 Free	12/11/09	Trey Heye Memorial Invitationa
32.10Y	P	-0.51	-1.56%	50 Back	01/16/10	Neutrogena NWAA Winter Invitat
32.61Y	F	Baseline		50 Back	01/17/09	Neutrogena NWAA Winter Invitat
1:07.58Y	F	-1.34	-1.94%	100 Back	01/17/10	Neutrogena NWAA Winter Invitat
1:08.92Y	F	Baseline		100 Back	12/12/09	Trey Heye Memorial Invitationa
33.80Y	F	-1.40	-3.98%	50 Breast	01/17/10	Neutrogena NWAA Winter Invitat
35.20Y	F	Baseline		50 Breast	01/18/09	Neutrogena NWAA Winter Invitat
1:15.20Y	F	-1.64	-2.13%	100 Breast	01/16/10	Neutrogena NWAA Winter Invitat
1:16.84Y	F	Baseline		100 Breast	12/12/09	Trey Heye Memorial Invitationa
2:24.46Y	F	-3.33	-2.25%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:27.79Y	F	Baseline		200 Medley	12/12/09	Trey Heye Memorial Invitationa
5:14.42Y	F	-14.07	-4.28%	400 Medley	01/15/10	Neutrogena NWAA Winter Invitat
5:28.49Y	F	Baseline		400 Medley	01/16/09	Neutrogena NWAA Winter Invitat
Jacoby, Katie (11) G						
1:05.85Y	P	-2.48	-3.63%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:08.33Y	F	Baseline		100 Free	11/21/09	Paul Blair Thanksgiving Invita
1:19.31Y	P	-4.85	-5.76%	100 Back	01/17/10	Neutrogena NWAA Winter Invitat
1:24.16Y	F	Baseline		100 Back	11/21/09	Paul Blair Thanksgiving Invita
33.51Y	F	-0.71	-2.07%	50 Fly	01/16/10	Neutrogena NWAA Winter Invitat
34.22Y	P	Baseline		50 Fly	02/14/09	2009 AR Short Course State Cha

1:16.10Y	P	-4.80	-5.93%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
1:20.90Y	F	Baseline		100 Fly	11/22/09	Paul Blair Thanksgiving Invita
2:39.74Y	F			200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
Keith, Olivia (9) G						
30.59Y	P	0.01	0.03%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
30.58Y	F	Baseline		50 Free	10/24/09	Jacksonville Invitational
1:07.76Y	F	-0.99	-1.44%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:08.75Y	F	Baseline		100 Free	12/12/09	Trey Heye Memorial Invitationa
2:27.96Y	P	-5.76	-3.75%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
2:33.72Y	F	Baseline		200 Free	12/11/09	Trey Heye Memorial Invitationa
35.46Y	P	-1.14	-3.11%	50 Back	01/16/10	Neutrogena NWAA Winter Invitat
36.60Y	F	Baseline		50 Back	11/22/09	Paul Blair Thanksgiving Invita
38.86Y	F	-1.04	-2.61%	50 Breast	01/17/10	Neutrogena NWAA Winter Invitat
39.90Y	F	Baseline		50 Breast	12/12/09	Trey Heye Memorial Invitationa
1:22.77Y	F	-4.62	-5.29%	100 Breast	01/16/10	Neutrogena NWAA Winter Invitat
1:27.39Y	F	Baseline		100 Breast	11/22/09	Paul Blair Thanksgiving Invita
McCarthy, Nicholas (18) B						
21.60Y	F	0.40	1.89%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
21.20Y	F	Baseline		50 Free	12/19/09	18th Annual Elite Pro-Am Swim
48.25Y	P	0.76	1.60%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
47.49Y	P	Baseline		100 Free	12/20/09	18th Annual Elite Pro-Am Swim
1:50.82Y	P	1.21	1.10%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:49.61Y	P	Baseline		200 Free	12/18/09	18th Annual Elite Pro-Am Swim
56.67Y	F	-3.43	-5.71%	100 Back	01/16/10	Neutrogena NWAA Winter Invitat
1:00.10Y	F	Baseline		100 Back	10/10/09	46th Annual Bob Courtway Fall
55.36Y	P	-0.27	-0.49%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
55.63Y	P	Baseline		100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
2:11.15Y	P	0.43	0.33%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:10.72Y	P	Baseline		200 Medley	11/21/09	Paul Blair Thanksgiving Invita
McCauley, Blake (14) B						
23.42Y	P	0.47	2.05%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
22.95Y	F	Baseline		50 Free	02/15/09	2009 AR Short Course State Cha
4:59.20Y	F	-0.89	-0.30%	500 Free	01/17/10	Neutrogena NWAA Winter Invitat
5:00.09Y	F	Baseline		500 Free	02/13/09	2009 AR Short Course State Cha
1:59.70Y	F	-3.85	-3.12%	200 Back	01/17/10	Neutrogena NWAA Winter Invitat
2:03.55Y	P	Baseline		200 Back	12/20/09	18th Annual Elite Pro-Am Swim
1:09.02Y	P	-3.67	-5.05%	100 Breast	01/17/10	Neutrogena NWAA Winter Invitat
1:12.69Y	F	Baseline		100 Breast	01/31/09	The Aquakids Winter Sprint Inv
2:05.55Y	F	-15.71	-11.12%	200 Fly	01/16/10	Neutrogena NWAA Winter Invitat
2:21.26Y	F	Baseline		200 Fly	11/22/08	Paul Blair Memorial Thanksgiving Meet
4:29.13Y	F	-9.20	-3.31%	400 Medley	01/15/10	Neutrogena NWAA Winter Invitat
4:38.33Y	F	Baseline		400 Medley	11/20/09	Paul Blair Thanksgiving Invita
Moon, Chandler (17) G						

	F	-0.52	-1.86%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
27.94Y	P	Baseline		50 Free	01/11/08	13th Annual NWAA Winter Invita
2:08.01Y	F	-0.39	-0.30%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
2:08.40Y	F	Baseline		200 Free	01/18/09	Neutrogena NWAA Winter Invitat
5:45.53Y	F	9.55	2.84%	500 Free	01/17/10	Neutrogena NWAA Winter Invitat
5:35.98Y	F	Baseline		500 Free	02/13/09	2009 AR Short Course State Cha
1:05.58Y	F	2.13	3.36%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
1:03.45Y	F	Baseline		100 Fly	02/14/09	2009 AR Short Course State Cha
2:27.79Y	F	7.50	5.35%	200 Fly	01/16/10	Neutrogena NWAA Winter Invitat
2:20.29Y	F	Baseline		200 Fly	01/17/09	Neutrogena NWAA Winter Invitat
2:21.56Y	F	2.64	1.90%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:18.92Y	F	Baseline		200 Medley	02/14/09	2009 AR Short Course State Cha
4:59.92Y	F	1.61	0.54%	400 Medley	01/15/10	Neutrogena NWAA Winter Invitat
4:58.31Y	F	Baseline		400 Medley	01/16/09	Neutrogena NWAA Winter Invitat
Myers, Emily (15) G						
28.91Y	P	0.94	3.36%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
27.97Y	P	Baseline		50 Free	01/17/09	Neutrogena NWAA Winter Invitat
2:11.90Y	P	2.84	2.20%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
2:09.06Y	F	Baseline		200 Free	02/15/09	2009 AR Short Course State Cha
5:54.51Y	F	3.48	0.99%	500 Free	01/17/10	Neutrogena NWAA Winter Invitat
5:51.03Y	F	Baseline		500 Free	02/13/09	2009 AR Short Course State Cha
19:51.19Y	F	-33.80	-2.76%	1650 Free	01/15/10	Neutrogena NWAA Winter Invitat
20:24.99Y	F	Baseline		1650 Free	01/16/09	Neutrogena NWAA Winter Invitat
1:09.68Y	F	-0.17	-0.24%	100 Back	01/16/10	Neutrogena NWAA Winter Invitat
1:09.85Y	P	Baseline		100 Back	02/14/09	2009 AR Short Course State Cha
2:29.00Y	F	3.43	2.36%	200 Back	01/17/10	Neutrogena NWAA Winter Invitat
2:25.57Y	F	Baseline		200 Back	11/21/09	Paul Blair Thanksgiving Invita
2:33.13Y	P	1.28	0.84%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:31.85Y	P	Baseline		200 Medley	02/14/09	2009 AR Short Course State Cha
Olson, Samuel (17) B						
49.40Y	P	-0.43	-0.86%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
49.83Y	P	Baseline		100 Free	03/08/09	CSRVIII 2009 SC SPEEDO CHAMPIO
26.00YL	F	0.77	3.05%	50 Back	01/16/10	Neutrogena NWAA Winter Invitat
25.23Y	F	Baseline		50 Back	10/10/09	46th Annual Bob Courtway Fall
53.56Y	F	0.31	0.58%	100 Back	01/16/10	Neutrogena NWAA Winter Invitat
53.25Y	P	Baseline		100 Back	12/19/09	18th Annual Elite Pro-Am Swim
1:57.52Y	P	1.69	1.46%	200 Back	01/17/10	Neutrogena NWAA Winter Invitat
1:55.83Y	P	Baseline		200 Back	12/20/09	18th Annual Elite Pro-Am Swim
54.02Y	P	-0.37	-0.68%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
54.39Y	P	Baseline		100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
2:02.16Y	P	-23.78	-16.29%	200 Fly	01/16/10	Neutrogena NWAA Winter Invitat
2:25.94Y	F	Baseline		200 Fly	02/08/08	2008 Valentine Invitational
2:05.24Y	F	2.12	1.72%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat

	<i>F</i>	<i>Baseline</i>		<i>200 Medley</i>	<i>10/10/09</i>	<i>46th Annual Bob Courtway Fall</i>
Renard, Tyler (17) B						
24.97Y	P	0.73	3.01%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
24.24Y	P	Baseline		50 Free	02/15/09	2009 AR Short Course State Cha
2:07.65Y	P	9.06	7.64%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:58.59Y	P	Baseline		200 Free	02/15/09	2009 AR Short Course State Cha
1:07.29Y	P	3.93	6.20%	100 Breast	01/17/10	Neutrogena NWAA Winter Invitat
1:03.36Y	F	Baseline		100 Breast	02/15/09	2009 AR Short Course State Cha
2:27.68Y	P	7.73	5.52%	200 Breast	01/16/10	Neutrogena NWAA Winter Invitat
2:19.95Y	F	Baseline		200 Breast	02/13/09	2009 AR State Championship Fri
Schienvar, Emily (14) G						
31.47Y	P	-0.39	-1.22%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
31.86Y	F	Baseline		50 Free	12/12/09	Trey Heye Memorial Invitationa
1:08.38Y	P	-2.27	-3.21%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:10.65Y	F	Baseline		100 Free	11/07/09	2009 RAC AquaHawgs Fall Invita
2:26.58Y	P	-4.80	-3.17%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
2:31.38Y	F	Baseline		200 Free	11/08/09	2009 RAC AquaHawgs Fall Invita
6:30.95Y	F	-3.36	-0.85%	500 Free	01/17/10	Neutrogena NWAA Winter Invitat
6:34.31Y	F	Baseline		500 Free	11/07/09	2009 RAC AquaHawgs Fall Invita
Schienvar, Karin (12) G						
28.94Y	F	-0.27	-0.92%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
29.21Y	F	Baseline		50 Free	12/12/09	Trey Heye Memorial Invitationa
1:03.55Y	F	-0.25	-0.39%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:03.80Y	F	Baseline		100 Free	11/08/09	2009 RAC AquaHawgs Fall Invita
37.10Y	F	-0.51	-1.36%	50 Breast	01/17/10	Neutrogena NWAA Winter Invitat
37.61Y	F	Baseline		50 Breast	11/21/09	Paul Blair Thanksgiving Invita
1:20.79Y	P	-1.98	-2.39%	100 Breast	01/16/10	Neutrogena NWAA Winter Invitat
1:22.77Y	F	Baseline		100 Breast	11/22/09	Paul Blair Thanksgiving Invita
31.24Y	F	-0.86	-2.68%	50 Fly	01/16/10	Neutrogena NWAA Winter Invitat
32.10Y	F	Baseline		50 Fly	11/21/09	Paul Blair Thanksgiving Invita
1:10.42Y	F	-1.38	-1.92%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
1:11.80Y	F	Baseline		100 Fly	11/22/09	Paul Blair Thanksgiving Invita
Schienvar, Meghan (9) G						
36.05Y	P	1.04	2.97%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
35.01Y	F	Baseline		50 Free	10/24/09	Jacksonville Invitational
1:19.73Y	P	-3.78	-4.53%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:23.51Y	F	Baseline		100 Free	11/08/09	2009 RAC AquaHawgs Fall Invita
3:01.08Y	P	3.20	1.80%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
2:57.88Y	F	Baseline		200 Free	11/07/09	2009 RAC AquaHawgs Fall Invita
52.59Y	P	1.50	2.94%	50 Breast	01/17/10	Neutrogena NWAA Winter Invitat
51.09Y	F	Baseline		50 Breast	10/24/09	Jacksonville Invitational
1:52.88Y	P	4.17	3.84%	100 Breast	01/16/10	Neutrogena NWAA Winter Invitat
1:48.71Y	F	Baseline		100 Breast	11/07/09	2009 RAC AquaHawgs Fall Invita

3:28.76Y	P	-0.43	-0.21%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
3:29.19Y	F	Baseline		200 Medley	11/06/09	2009 RAC AquaHawgs Fall Invita
Shojaee, Arianna (11) G						
1:01.94Y	F	-0.52	-0.83%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:02.46Y	F	Baseline		100 Free	11/21/09	Paul Blair Thanksgiving Invita
1:05.51Y	F	-2.55	-3.75%	100 Back	01/17/10	Neutrogena NWAA Winter Invitat
1:08.06Y	F	Baseline		100 Back	10/10/09	46th Annual Bob Courtway Fall
1:10.30Y	F	0.81	1.17%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
1:09.49Y	F	Baseline		100 Fly	11/22/09	Paul Blair Thanksgiving Invita
Strang, Amanda (10) G						
30.59Y	P	-0.13	-0.42%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
30.72Y	F	Baseline		50 Free	11/22/09	Paul Blair Thanksgiving Invita
1:06.19Y	F	-3.16	-4.56%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:09.35Y	F	Baseline		100 Free	12/05/09	2009 Ocean Spray Invitational
2:27.11Y	P	-2.53	-1.69%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
2:29.64Y	F	Baseline		200 Free	10/09/09	46th Annual Bob Courtway Fall
35.88Y	P	-0.45	-1.24%	50 Back	01/16/10	Neutrogena NWAA Winter Invitat
36.33Y	F	Baseline		50 Back	12/05/09	2009 Ocean Spray Invitational
44.36Y	P	0.39	0.89%	50 Breast	01/17/10	Neutrogena NWAA Winter Invitat
43.97Y	F	Baseline		50 Breast	11/21/09	Paul Blair Thanksgiving Invita
2:46.46Y	P	-5.43	-3.16%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:51.89Y	F	Baseline		200 Medley	11/20/09	Paul Blair Thanksgiving Invita
Sweet, Jordan (11) G						
2:04.71Y	F	-1.39	-1.10%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
2:06.10Y	F	Baseline		200 Free	12/11/09	Trey Heye Memorial Invitationa
5:30.66Y	F	0.08	0.02%	500 Free	01/17/10	Neutrogena NWAA Winter Invitat
5:30.58Y	F	Baseline		500 Free	12/11/09	Trey Heye Memorial Invitationa
33.61Y	F	-0.98	-2.83%	50 Breast	01/17/10	Neutrogena NWAA Winter Invitat
34.59Y	F	Baseline		50 Breast	11/21/09	Paul Blair Thanksgiving Invita
1:12.70Y	F	-1.71	-2.30%	100 Breast	01/16/10	Neutrogena NWAA Winter Invitat
1:14.41Y	F	Baseline		100 Breast	12/12/09	Trey Heye Memorial Invitationa
29.61Y	F	-0.15	-0.50%	50 Fly	01/16/10	Neutrogena NWAA Winter Invitat
29.76Y	F	Baseline		50 Fly	12/06/09	2009 Ocean Spray Invitational
2:21.10Y	F	-3.07	-2.13%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:24.17Y	F	Baseline		200 Medley	12/04/09	2009 Ocean Spray Invitational
4:59.48Y	F	0.00	0.00%	400 Medley	01/15/10	Neutrogena NWAA Winter Invitat
4:59.48Y	F	Baseline		400 Medley	01/15/10	Neutrogena NWAA Winter Invitat
Vaughan, Lindsey (12) G						
30.72Y	P	-1.03	-3.24%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
31.75Y	P	Baseline		50 Free	02/15/09	2009 AR Short Course State Cha
1:09.13Y	P	-3.84	-5.26%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:12.97Y	P	Baseline		100 Free	02/14/09	2009 AR Short Course State Cha
2:36.35Y	P			200 Free	01/17/10	Neutrogena NWAA Winter Invitat

1:20.89Y	P			100 Back	01/17/10	Neutrogena NWAA Winter Invitat
1:19.17Y	F	-4.15	-4.98%	100 Breast	01/16/10	Neutrogena NWAA Winter Invitat
1:23.32Y	P	Baseline		100 Breast	02/15/09	2009 AR Short Course State Cha
2:47.77Y	P			200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
Wilkerson, Garrett (14) B						
26.51Y	P	-1.14	-4.12%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
27.65Y	P	Baseline		50 Free	11/22/09	Paul Blair Thanksgiving Invita
58.58Y	F	-3.15	-5.10%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:01.73Y	F	Baseline		100 Free	11/07/09	2009 RAC AquaHawgs Fall Invita
2:03.51Y	F	-13.67	-9.97%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
2:17.18Y	F	Baseline		200 Free	11/08/09	2009 RAC AquaHawgs Fall Invita
5:39.69Y	F	-23.18	-6.39%	500 Free	01/17/10	Neutrogena NWAA Winter Invitat
6:02.87Y	F	Baseline		500 Free	12/11/09	Trey Heye Memorial Invitationa
2:42.75Y	P			200 Breast	01/16/10	Neutrogena NWAA Winter Invitat
2:23.51Y	P	-11.98	-7.70%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:35.49Y	F	Baseline		200 Medley	11/07/09	2009 RAC AquaHawgs Fall Invita
Woodward, Erin (11) G						
29.67Y	P	-0.75	-2.47%	50 Free	01/16/10	Neutrogena NWAA Winter Invitat
30.42Y	F	Baseline		50 Free	11/22/09	Paul Blair Thanksgiving Invita
1:05.54Y	P	-2.55	-3.75%	100 Free	01/17/10	Neutrogena NWAA Winter Invitat
1:08.09Y	F	Baseline		100 Free	11/21/09	Paul Blair Thanksgiving Invita
2:22.52Y	P	-7.11	-4.75%	200 Free	01/17/10	Neutrogena NWAA Winter Invitat
2:29.63Y	F	Baseline		200 Free	11/22/09	Paul Blair Thanksgiving Invita
1:27.52Y	P	-5.15	-5.56%	100 Breast	01/16/10	Neutrogena NWAA Winter Invitat
1:32.67Y	F	Baseline		100 Breast	11/22/09	Paul Blair Thanksgiving Invita
1:14.76Y	P	-6.67	-8.19%	100 Fly	01/17/10	Neutrogena NWAA Winter Invitat
1:21.43Y	F	Baseline		100 Fly	11/22/09	Paul Blair Thanksgiving Invita
2:40.03Y	F	-10.09	-5.93%	200 Medley	01/16/10	Neutrogena NWAA Winter Invitat
2:50.12Y	F	Baseline		200 Medley	11/20/09	Paul Blair Thanksgiving Invita