

Report Generated: 03/29/10 Since Date: 03/16/2010				Until Date: 03/20/2010		
Seasonal Best vs Baseline		Baseline: Use [Best Time] Before [Since Date]				
Time	P/F/T	Improvement		Event	Swim Date	Meet Name
Cox, Shelby (18) G						
54.82Y	P	2.04	3.87%	100 Free	03/17/10	2010 NCSA Junior Natl Swimming
52.78Y	F	Baseline		100 Free	01/17/10	Neutrogena NWAA Winter Invitat
59.60Y	P	2.47	4.32%	100 Back	03/19/10	2010 NCSA Junior Natl Swimming
57.13Y	F	Baseline		100 Back	01/16/10	Neutrogena NWAA Winter Invitat
Garrison, Jessie (14) G						
53.21Y	P	0.85	1.62%	100 Free	03/17/10	2010 NCSA Junior Natl Swimming
52.36Y	F	Baseline		100 Free	02/13/10	Arkansas Age Group Championshi
1:53.26Y	P	0.61	0.54%	200 Free	03/18/10	2010 NCSA Junior Natl Swimming
1:52.65Y	F	Baseline		200 Free	12/18/09	18th Annual Elite Pro-Am Swim
4:58.95Y	P	-4.12	-1.36%	500 Free	03/19/10	2010 NCSA Junior Natl Swimming
5:03.07Y	F	Baseline		500 Free	02/12/10	Arkansas Age Group Championshi
10:22.41Y	F	1.66	0.27%	1000 Free	03/16/10	2010 NCSA Junior Natl Swimming
10:20.75Y	F	Baseline		1000 Free	12/17/09	18th Annual Elite Pro-Am Swim
57.46Y	P	-0.37	-0.64%	100 Fly	03/19/10	2010 NCSA Junior Natl Swimming
57.83Y	F	Baseline		100 Fly	02/14/09	2009 AR Short Course State Cha
2:05.03Y	P	1.05	0.85%	200 Fly	03/17/10	2010 NCSA Junior Natl Swimming
2:03.98Y	F	Baseline		200 Fly	12/20/09	18th Annual Elite Pro-Am Swim
McCarthy, Nicholas (18) B						
21.32YL	F	0.12	0.57%	50 Free	03/19/10	2010 NCSA Junior Natl Swimming
21.20Y	F	Baseline		50 Free	12/19/09	18th Annual Elite Pro-Am Swim
47.54YL	F	0.05	0.11%	100 Free	03/18/10	2010 NCSA Junior Natl Swimming
47.49Y	F	Baseline		100 Free	02/13/10	Arkansas Age Group Championshi
Olson, Samuel (17) B						
1:43.73Y	P	-3.23	-3.02%	200 Free	03/18/10	2010 NCSA Junior Natl Swimming
1:46.96Y	F	Baseline		200 Free	12/18/09	18th Annual Elite Pro-Am Swim
24.83Y	P	-0.39	-1.55%	50 Back	03/20/10	2010 NCSA Junior Natl Swimming
25.22Y	F	Baseline		50 Back	02/13/10	Arkansas Age Group Championshi
52.30Y	P	-0.95	-1.78%	100 Back	03/19/10	2010 NCSA Junior Natl Swimming
53.25Y	P	Baseline		100 Back	12/19/09	18th Annual Elite Pro-Am Swim
1:49.65Y	P	-6.18	-5.34%	200 Back	03/17/10	2010 NCSA Junior Natl Swimming
1:55.83Y	P	Baseline		200 Back	12/20/09	18th Annual Elite Pro-Am Swim
Sun, Ravi (15) B						
24.12Y	F	-0.65	-2.62%	50 Back	03/20/10	2010 NCSA Junior Natl Swimming
24.77Y	F	Baseline		50 Back	12/17/09	18th Annual Elite Pro-Am Swim
51.98Y	F	-0.55	-1.05%	100 Back	03/19/10	2010 NCSA Junior Natl Swimming
52.53Y	P	Baseline		100 Back	12/19/09	18th Annual Elite Pro-Am Swim
1:54.11Y	P	1.28	1.13%	200 Back	03/17/10	2010 NCSA Junior Natl Swimming
1:52.83Y	F	Baseline		200 Back	02/06/10	Time Trial 2-6-10
2:00.07Y	P	0.61	0.51%	200 Medley	03/20/10	2010 NCSA Junior Natl Swimming

1:59.46Y	P	Baseline		200 Medley	12/19/09	18th Annual Elite Pro-Am Swim
Wilmoth, Kevin (18) B						
21.50Y	P	0.00	0.00%	50 Free	03/20/10	2010 NCSA Junior Natl Swimming
21.50Y	F	Baseline		50 Free	03/07/09	CSRVIII 2009 SC SPEEDO CHAMPIO
45.89Y	P	0.08	0.17%	100 Free	03/17/10	2010 NCSA Junior Natl Swimming
45.81Y	F	Baseline		100 Free	03/08/09	CSRVIII 2009 SC SPEEDO CHAMPIO
1:42.87Y	P	1.24	1.22%	200 Free	03/18/10	2010 NCSA Junior Natl Swimming
1:41.63Y	F	Baseline		200 Free	12/18/09	18th Annual Elite Pro-Am Swim
25.53Y	P	0.22	0.87%	50 Back	03/20/10	2010 NCSA Junior Natl Swimming
25.31Y	P	Baseline		50 Back	03/21/09	2009 NCSA Junior National Swim
53.78Y	P	0.57	1.07%	100 Back	03/19/10	2010 NCSA Junior Natl Swimming
53.21Y	F	Baseline		100 Back	02/13/10	Arkansas Age Group Championshi
Zheng, Eric (17) B						
23.76Y	P	-0.98	-3.96%	50 Fly	03/18/10	2010 NCSA Junior Natl Swimming
24.74Y	F	Baseline		50 Fly	10/10/09	46th Annual Bob Courtway Fall
51.48Y	P	-0.55	-1.06%	100 Fly	03/19/10	2010 NCSA Junior Natl Swimming
52.03Y	F	Baseline		100 Fly	02/13/10	Arkansas Age Group Championshi
1:51.35Y	F	-2.39	-2.10%	200 Fly	03/17/10	2010 NCSA Junior Natl Swimming
1:53.74Y	P	Baseline		200 Fly	12/12/09	2009 Speedo Short Course Juniors
1:52.25Y	P	-0.31	-0.28%	200 Medley	03/20/10	2010 NCSA Junior Natl Swimming
1:52.56Y	F	Baseline		200 Medley	02/13/10	Arkansas Age Group Championshi
4:07.34Y	P	0.93	0.38%	400 Medley	03/18/10	2010 NCSA Junior Natl Swimming
4:06.41Y	F	Baseline		400 Medley	11/20/09	Paul Blair Thanksgiving Invita