

Report Generated: 12/22/09		Since Date: 12/17/2009		Until Date: 12/20/2009		
Seasonal Best vs Baseline		Baseline: Use [Best Time] Before [Since Date]				
Time	P/F/T	Improvement		Event	Swim Date	Meet Name
<b>Barber, Grayson (17) B</b>						
1:04.75Y	P	0.63	0.98%	100 Breast	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:04.12Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Breast</b>	<b>11/21/09</b>	<b>Paul Blair Thanksgiving Invita</b>
2:21.09Y	P	2.90	2.10%	200 Breast	12/19/09	18th Annual Elite Pro-Am Swim
<b>2:18.19Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Breast</b>	<b>11/22/09</b>	<b>Paul Blair Thanksgiving Invita</b>
56.57Y	P	0.54	0.96%	100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
<b>56.03Y</b>	<b>P</b>	<b>Baseline</b>		<b>100 Fly</b>	<b>11/22/09</b>	<b>Paul Blair Thanksgiving Invita</b>
2:05.87Y	P	0.98	0.78%	200 Medley	12/19/09	18th Annual Elite Pro-Am Swim
<b>2:04.89Y</b>	<b>P</b>	<b>Baseline</b>		<b>200 Medley</b>	<b>11/21/09</b>	<b>Paul Blair Thanksgiving Invita</b>
<b>Barber, Liston (15) B</b>						
2:23.22Y	P	-4.75	-3.21%	200 Breast	12/19/09	18th Annual Elite Pro-Am Swim
<b>2:27.97Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Breast</b>	<b>11/22/09</b>	<b>Paul Blair Thanksgiving Invita</b>
<b>Bish, Austin (15) B</b>						
11:08.39Y	F	7.07	1.07%	1000 Free	12/17/09	18th Annual Elite Pro-Am Swim
<b>11:01.32Y</b>	<b>F</b>	<b>Baseline</b>		<b>1000 Free</b>	<b>10/10/08</b>	<b>45th Annual Bob Courtway Fall</b>
1:05.12Y	P	-1.69	-2.53%	100 Breast	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:06.81Y</b>	<b>P</b>	<b>Baseline</b>		<b>100 Breast</b>	<b>11/21/09</b>	<b>Paul Blair Thanksgiving Invita</b>
2:30.88Y	P	0.83	0.55%	200 Breast	12/19/09	18th Annual Elite Pro-Am Swim
<b>2:30.05Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Breast</b>	<b>10/09/09</b>	<b>46th Annual Bob Courtway Fall</b>
58.60Y	P	-2.06	-3.40%	100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:00.66Y</b>	<b>P</b>	<b>Baseline</b>		<b>100 Fly</b>	<b>11/22/09</b>	<b>Paul Blair Thanksgiving Invita</b>
2:12.14Y	P	3.84	2.99%	200 Medley	12/19/09	18th Annual Elite Pro-Am Swim
<b>2:08.30Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Medley</b>	<b>02/14/09</b>	<b>2009 AR Short Course State Cha</b>
<b>Bish, Blair (13) B</b>						
1:02.07Y	P	0.16	0.26%	100 Back	12/19/09	18th Annual Elite Pro-Am Swim
<b>1:01.91Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Back</b>	<b>11/07/09</b>	<b>2009 RAC AquaHawgs Fall Invita</b>
1:06.07Y	P	-2.81	-4.08%	100 Breast	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:08.88Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Breast</b>	<b>11/22/09</b>	<b>Paul Blair Thanksgiving Invita</b>
57.26Y	P	-6.69	-10.46%	100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:03.95Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Fly</b>	<b>11/22/09</b>	<b>Paul Blair Thanksgiving Invita</b>
2:13.12Y	P	0.26	0.20%	200 Medley	12/19/09	18th Annual Elite Pro-Am Swim
<b>2:12.86Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Medley</b>	<b>11/20/09</b>	<b>Paul Blair Thanksgiving Invita</b>
<b>Chambers, Roy (22) B</b>						
21.47Y	P	-0.20	-0.92%	50 Free	12/19/09	18th Annual Elite Pro-Am Swim
<b>21.67Y</b>	<b>F</b>	<b>Baseline</b>		<b>50 Free</b>	<b>03/11/05</b>	<b>Arkansas Age Group Championshi</b>
58.27Y	F	-0.95	-1.60%	100 Breast	12/18/09	18th Annual Elite Pro-Am Swim
<b>59.22Y</b>	<b>P</b>	<b>Baseline</b>		<b>100 Breast</b>	<b>12/16/04</b>	<b>Kerr-McGee Corporation Elite P</b>
23.56Y	P	-1.35	-5.42%	50 Fly	12/20/09	18th Annual Elite Pro-Am Swim
<b>24.91Y</b>	<b>F</b>	<b>Baseline</b>		<b>50 Fly</b>	<b>02/12/05</b>	<b>Laser Valentine Meet</b>
54.34Y	P	1.48	2.80%	100 Fly	12/18/09	18th Annual Elite Pro-Am Swim

<b>52.86Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Fly</b>	<b>03/11/05</b>	<b>Arkansas Age Group Championshi</b>
<b>Cox, Shelby (18) G</b>						
24.32Y	F	0.25	1.04%	50 Free	12/19/09	18th Annual Elite Pro-Am Swim
<b>24.07Y</b>	<b>F</b>	<b>Baseline</b>		<b>50 Free</b>	<b>02/15/09</b>	<b>2009 AR Short Course State Cha</b>
53.37Y	F	0.29	0.55%	100 Free	12/20/09	18th Annual Elite Pro-Am Swim
<b>53.08Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Free</b>	<b>02/14/09</b>	<b>2009 AR Short Course State Cha</b>
2:03.55Y	P	3.46	2.88%	200 Free	12/18/09	18th Annual Elite Pro-Am Swim
<b>2:00.09Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Free</b>	<b>01/18/09</b>	<b>Neutrogena NWAA Winter Invitat</b>
58.28Y	F	-0.29	-0.50%	100 Back	12/19/09	18th Annual Elite Pro-Am Swim
<b>58.57Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Back</b>	<b>02/14/09</b>	<b>2009 AR Short Course State Cha</b>
1:02.31Y	P	0.83	1.35%	100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:01.48Y</b>	<b>P</b>	<b>Baseline</b>		<b>100 Fly</b>	<b>03/06/09</b>	<b>CSRVIII 2009 SC SPEEDO CHAMPIO</b>
<b>Garrison, Jessie (14) G</b>						
1:52.65Y	F	-2.49	-2.16%	200 Free	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:55.14Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Free</b>	<b>11/08/09</b>	<b>2009 RAC AquaHawgs Fall Invita</b>
5:03.14Y	F	-3.10	-1.01%	500 Free	12/19/09	18th Annual Elite Pro-Am Swim
<b>5:06.24Y</b>	<b>F</b>	<b>Baseline</b>		<b>500 Free</b>	<b>11/07/09</b>	<b>2009 RAC AquaHawgs Fall Invita</b>
10:20.75Y	F	-5.09	-0.81%	1000 Free	12/17/09	18th Annual Elite Pro-Am Swim
<b>10:25.84Y</b>	<b>F</b>	<b>Baseline</b>		<b>1000 Free</b>	<b>11/06/09</b>	<b>2009 RAC AquaHawgs Fall Invita</b>
2:03.98Y	F	-1.06	-0.85%	200 Fly	12/20/09	18th Annual Elite Pro-Am Swim
<b>2:05.04Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Fly</b>	<b>03/08/09</b>	<b>CSRVIII 2009 SC SPEEDO CHAMPIO</b>
4:33.58Y	F	2.56	0.94%	400 Medley	12/18/09	18th Annual Elite Pro-Am Swim
<b>4:31.02Y</b>	<b>F</b>	<b>Baseline</b>		<b>400 Medley</b>	<b>11/20/09</b>	<b>Paul Blair Thanksgiving Invita</b>
<b>Hathaway, Caleb (14) B</b>						
25.15Y	P	0.23	0.92%	50 Free	12/19/09	18th Annual Elite Pro-Am Swim
<b>24.92Y</b>	<b>F</b>	<b>Baseline</b>		<b>50 Free</b>	<b>11/22/09</b>	<b>Paul Blair Thanksgiving Invita</b>
58.35Y	P	0.75	1.30%	100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
<b>57.60Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Fly</b>	<b>11/22/09</b>	<b>Paul Blair Thanksgiving Invita</b>
2:09.99Y	P	0.21	0.16%	200 Fly	12/20/09	18th Annual Elite Pro-Am Swim
<b>2:09.78Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Fly</b>	<b>11/21/09</b>	<b>Paul Blair Thanksgiving Invita</b>
<b>Hathaway, Kristin (16) G</b>						
1:07.01Y	P	3.77	5.96%	100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:03.24Y</b>	<b>P</b>	<b>Baseline</b>		<b>100 Fly</b>	<b>02/14/09</b>	<b>2009 AR Short Course State Cha</b>
2:39.96Y	P	16.06	11.16%	200 Fly	12/20/09	18th Annual Elite Pro-Am Swim
<b>2:23.90Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Fly</b>	<b>01/17/09</b>	<b>Neutrogena NWAA Winter Invitat</b>
<b>Heye, Christopher (13) B</b>						
1:10.08Y	P	-0.11	-0.16%	100 Breast	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:10.19Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Breast</b>	<b>11/21/09</b>	<b>Paul Blair Thanksgiving Invita</b>
2:29.73Y	P	0.94	0.63%	200 Breast	12/19/09	18th Annual Elite Pro-Am Swim
<b>2:28.79Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Breast</b>	<b>11/22/09</b>	<b>Paul Blair Thanksgiving Invita</b>
<b>Lansden, Joseph (17) B</b>						
23.49Y	P	-1.00	-4.08%	50 Free	12/19/09	18th Annual Elite Pro-Am Swim
<b>24.49Y</b>	<b>P</b>	<b>Baseline</b>		<b>50 Free</b>	<b>01/17/09</b>	<b>Neutrogena NWAA Winter Invitat</b>

52.13Y	P	0.12	0.23%	100 Free	12/20/09	18th Annual Elite Pro-Am Swim
<b>52.01Y</b>	<b>P</b>	<b>Baseline</b>		<b>100 Free</b>	<b>02/14/09</b>	<b>2009 AR Short Course State Cha</b>
1:03.81Y	P	-1.07	-1.65%	100 Breast	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:04.88Y</b>	<b>P</b>	<b>Baseline</b>		<b>100 Breast</b>	<b>03/06/09</b>	<b>CSRVIII 2009 SC SPEEDO CHAMPIO</b>
2:23.21Y	P	1.90	1.34%	200 Breast	12/19/09	18th Annual Elite Pro-Am Swim
<b>2:21.31Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Breast</b>	<b>02/13/09</b>	<b>2009 AR State Championship Fri</b>
<b>McCarthy, Nicholas (17) B</b>						
21.20Y	F	-1.16	-5.19%	50 Free	12/19/09	18th Annual Elite Pro-Am Swim
<b>22.36Y</b>	<b>F</b>	<b>Baseline</b>		<b>50 Free</b>	<b>01/17/09</b>	<b>Neutrogena NWAA Winter Invitat</b>
47.49Y	P	-1.93	-3.91%	100 Free	12/20/09	18th Annual Elite Pro-Am Swim
<b>49.42Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Free</b>	<b>02/14/09</b>	<b>2009 AR Short Course State Cha</b>
1:49.61Y	P	-4.47	-3.92%	200 Free	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:54.08Y</b>	<b>P</b>	<b>Baseline</b>		<b>200 Free</b>	<b>11/21/09</b>	<b>Paul Blair Thanksgiving Invita</b>
24.69Y	P	-1.16	-4.49%	50 Fly	12/20/09	18th Annual Elite Pro-Am Swim
<b>25.85Y</b>	<b>F</b>	<b>Baseline</b>		<b>50 Fly</b>	<b>10/10/09</b>	<b>46th Annual Bob Courtway Fall</b>
55.63Y	P	-3.48	-5.89%	100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
<b>59.11Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Fly</b>	<b>01/18/09</b>	<b>Neutrogena NWAA Winter Invitat</b>
<b>McCauley, Blake (14) B</b>						
50.65Y	P	0.17	0.34%	100 Free	12/20/09	18th Annual Elite Pro-Am Swim
<b>50.48Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Free</b>	<b>02/14/09</b>	<b>2009 AR Short Course State Cha</b>
1:49.95Y	P	-0.22	-0.20%	200 Free	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:50.17Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Free</b>	<b>01/18/09</b>	<b>Neutrogena NWAA Winter Invitat</b>
5:01.20Y	P	1.11	0.37%	500 Free	12/19/09	18th Annual Elite Pro-Am Swim
<b>5:00.09Y</b>	<b>F</b>	<b>Baseline</b>		<b>500 Free</b>	<b>02/13/09</b>	<b>2009 AR Short Course State Cha</b>
2:03.55Y	P	-1.67	-1.33%	200 Back	12/20/09	18th Annual Elite Pro-Am Swim
<b>2:05.22Y</b>	<b>P</b>	<b>Baseline</b>		<b>200 Back</b>	<b>11/21/09</b>	<b>Paul Blair Thanksgiving Invita</b>
57.83Y	P	0.35	0.61%	100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
<b>57.48Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Fly</b>	<b>10/10/09</b>	<b>46th Annual Bob Courtway Fall</b>
<b>Olson, Samuel (17) B</b>						
1:46.96Y	F	-0.58	-0.54%	200 Free	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:47.54Y</b>	<b>P</b>	<b>Baseline</b>		<b>200 Free</b>	<b>03/06/09</b>	<b>CSRVIII 2009 SC SPEEDO CHAMPIO</b>
53.25Y	P	-0.62	-1.15%	100 Back	12/19/09	18th Annual Elite Pro-Am Swim
<b>53.87Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Back</b>	<b>03/07/09</b>	<b>CSRVIII 2009 SC SPEEDO CHAMPIO</b>
1:55.83Y	P	-0.60	-0.52%	200 Back	12/20/09	18th Annual Elite Pro-Am Swim
<b>1:56.43Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Back</b>	<b>11/21/09</b>	<b>Paul Blair Thanksgiving Invita</b>
54.39Y	P	-1.30	-2.33%	100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
<b>55.69Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Fly</b>	<b>10/10/09</b>	<b>46th Annual Bob Courtway Fall</b>
2:03.28Y	P	0.16	0.13%	200 Medley	12/19/09	18th Annual Elite Pro-Am Swim
<b>2:03.12Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Medley</b>	<b>10/10/09</b>	<b>46th Annual Bob Courtway Fall</b>
<b>Schildknecht, Calvin (24) B</b>						
1:00.58Y	F	-1.74	-2.79%	100 Breast	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:02.32Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Breast</b>	<b>11/21/09</b>	<b>Paul Blair Thanksgiving Invita</b>
2:11.32Y	P	-3.29	-2.44%	200 Breast	12/19/09	18th Annual Elite Pro-Am Swim

	<i>F</i>	<i>Baseline</i>		<i>200 Breast</i>	<i>11/22/09</i>	<i>Paul Blair Thanksgiving Invita</i>
25.08Y	P	0.05	0.20%	50 Fly	12/20/09	18th Annual Elite Pro-Am Swim
<b>25.03Y</b>	<b>F</b>	<b>Baseline</b>		<b>50 Fly</b>	<b>10/10/09</b>	<b>46th Annual Bob Courtway Fall</b>
54.19Y	P	-1.55	-2.78%	100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
<b>55.74Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Fly</b>	<b>10/10/09</b>	<b>46th Annual Bob Courtway Fall</b>
2:02.52Y	P	-5.63	-4.39%	200 Fly	12/20/09	18th Annual Elite Pro-Am Swim
<b>2:08.15Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Fly</b>	<b>11/22/08</b>	<b>Paul Blair Memorial Thanksgiving Meet</b>
<b>Stratton, Skye (15) G</b>						
26.72Y	P	-0.43	-1.58%	50 Free	12/19/09	18th Annual Elite Pro-Am Swim
<b>27.15Y</b>	<b>P</b>	<b>Baseline</b>		<b>50 Free</b>	<b>02/15/09</b>	<b>2009 AR Short Course State Cha</b>
1:01.14Y	P	-0.53	-0.86%	100 Back	12/19/09	18th Annual Elite Pro-Am Swim
<b>1:01.67Y</b>	<b>P</b>	<b>Baseline</b>		<b>100 Back</b>	<b>03/07/09</b>	<b>CSRVIII 2009 SC SPEEDO CHAMPIO</b>
2:15.00Y	P	-0.90	-0.66%	200 Back	12/20/09	18th Annual Elite Pro-Am Swim
<b>2:15.90Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Back</b>	<b>01/30/09</b>	<b>The Aquakids Winter Sprint Inv</b>
<b>Sun, Ravi (15) B</b>						
24.77Y	F	0.00	0.00%	50 Back	12/17/09	18th Annual Elite Pro-Am Swim
<b>24.77Y</b>	<b>F</b>	<b>Baseline</b>		<b>50 Back</b>	<b>10/10/09</b>	<b>46th Annual Bob Courtway Fall</b>
52.53Y	P	-0.32	-0.61%	100 Back	12/19/09	18th Annual Elite Pro-Am Swim
<b>52.85Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Back</b>	<b>11/21/09</b>	<b>Paul Blair Thanksgiving Invita</b>
1:56.22Y	F	2.11	1.85%	200 Back	12/20/09	18th Annual Elite Pro-Am Swim
<b>1:54.11Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Back</b>	<b>11/21/09</b>	<b>Paul Blair Thanksgiving Invita</b>
2:05.96Y	P	2.15	1.74%	200 Fly	12/20/09	18th Annual Elite Pro-Am Swim
<b>2:03.81Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Fly</b>	<b>10/09/09</b>	<b>46th Annual Bob Courtway Fall</b>
1:59.46Y	P	-1.43	-1.18%	200 Medley	12/19/09	18th Annual Elite Pro-Am Swim
<b>2:00.89Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Medley</b>	<b>11/21/09</b>	<b>Paul Blair Thanksgiving Invita</b>
4:14.47Y	F	-6.22	-2.39%	400 Medley	12/18/09	18th Annual Elite Pro-Am Swim
<b>4:20.69Y</b>	<b>F</b>	<b>Baseline</b>		<b>400 Medley</b>	<b>10/09/09</b>	<b>46th Annual Bob Courtway Fall</b>
<b>Wilmoth, Kevin (17) B</b>						
21.51Y	P	0.01	0.05%	50 Free	12/19/09	18th Annual Elite Pro-Am Swim
<b>21.50Y</b>	<b>F</b>	<b>Baseline</b>		<b>50 Free</b>	<b>03/07/09</b>	<b>CSRVIII 2009 SC SPEEDO CHAMPIO</b>
46.25Y	F	0.44	0.96%	100 Free	12/20/09	18th Annual Elite Pro-Am Swim
<b>45.81Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Free</b>	<b>03/08/09</b>	<b>CSRVIII 2009 SC SPEEDO CHAMPIO</b>
1:41.63Y	F	-0.21	-0.21%	200 Free	12/18/09	18th Annual Elite Pro-Am Swim
<b>1:41.84Y</b>	<b>F</b>	<b>Baseline</b>		<b>200 Free</b>	<b>03/06/09</b>	<b>CSRVIII 2009 SC SPEEDO CHAMPIO</b>
54.38Y	P	0.55	1.02%	100 Back	12/19/09	18th Annual Elite Pro-Am Swim
<b>53.83Y</b>	<b>F</b>	<b>Baseline</b>		<b>100 Back</b>	<b>02/14/09</b>	<b>2009 AR Short Course State Cha</b>
54.29Y	P	-0.52	-0.95%	100 Fly	12/18/09	18th Annual Elite Pro-Am Swim
<b>54.81Y</b>	<b>P</b>	<b>Baseline</b>		<b>100 Fly</b>	<b>03/06/09</b>	<b>CSRVIII 2009 SC SPEEDO CHAMPIO</b>