

Report Generated: 03/09/10		Since Date: 03/04/2010		Until Date: 03/08/2010		
Seasonal Best vs Baseline		Baseline: Use [Best Time] Before [Since Date]				
Time	P/F/T	Improvement		Event	Swim Date	Meet Name
Barber, Grayson (18) B						
1:10.43L	P	-3.25	-4.41%	100 Breast	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:13.68L	F	Baseline		100 Breast	08/02/09	ASI Long Course Age Group Cham
2:37.50L	F	-5.14	-3.16%	200 Breast	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
2:42.64L	F	Baseline		200 Breast	07/31/09	ASI Long Course Age Group Cham
1:02.41L	P	-0.08	-0.13%	100 Fly	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:02.49L	F	Baseline		100 Fly	08/01/09	ASI Long Course Age Group Cham
Barber, Liston (16) B						
1:12.97L	P	-5.37	-6.85%	100 Breast	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:18.34L	F	Baseline		100 Breast	08/02/09	ASI Long Course Age Group Cham
Burleson, Shelby (13) G						
2:14.07L	F	-3.14	-2.29%	200 Free	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
2:17.21L	F	Baseline		200 Free	05/23/09	MemorialClassic 2009
4:48.12L	P	4.74	1.67%	400 Free	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
4:43.38L	F	Baseline		400 Free	07/31/09	ASI Long Course Age Group Cham
18:54.77L	F	25.47	2.30%	1500 Free	03/07/10	CSRVIII 2010 LC SPEEDO CHAMPION
18:29.30L	F	Baseline		1500 Free	07/25/09	2009 MV CSRVIII SUMMER LC SPE
1:11.22L	P	-1.19	-1.64%	100 Back	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:12.41L	F	Baseline		100 Back	08/02/09	ASI Long Course Age Group Cham
2:32.42L	F			200 Back	03/07/10	CSRVIII 2010 LC SPEEDO CHAMPION
Cox, Shelby (18) G						
27.88L	P	0.52	1.90%	50 Free	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
27.36L	F	Baseline		50 Free	07/25/09	2009 MV CSRVIII SUMMER LC SPE
1:07.44L	F	1.68	2.55%	100 Back	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:05.76L	F	Baseline		100 Back	07/24/09	2009 MV CSRVIII SUMMER LC SPE
Garrison, Jessie (14) G						
2:08.58L	P	-5.29	-3.95%	200 Free	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
2:13.87L	F	Baseline		200 Free	06/06/09	2009 AR BGMI Summer Invitation
4:36.47L	P	7.49	2.78%	400 Free	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
4:28.98L	F	Baseline		400 Free	07/31/09	ASI Long Course Age Group Cham
9:28.67L	F	21.93	4.01%	800 Free	03/04/10	CSRVIII 2010 LC SPEEDO CHAMPION
9:06.74L	F	Baseline		800 Free	08/02/09	ASI Long Course Age Group Cham
2:21.11L	F	4.61	3.38%	200 Fly	03/07/10	CSRVIII 2010 LC SPEEDO CHAMPION
2:16.50L	F	Baseline		200 Fly	07/31/09	ASI Long Course Age Group Cham
2:30.07L	F	0.60	0.40%	200 Medley	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
2:29.47L	P	Baseline		200 Medley	07/25/09	2009 MV CSRVIII SUMMER LC SPE
5:11.71L	P	1.37	0.44%	400 Medley	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
5:10.34L	P	Baseline		400 Medley	07/23/09	2009 MV CSRVIII SUMMER LC SPE
Lansden, Joseph (17) B						
59.30L	F	-1.75	-2.87%	100 Free	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION

1:01.05L	P	Baseline		100 Free	08/01/09	ASI Long Course Age Group Cham
2:08.66L	F	-9.01	-6.54%	200 Free	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
2:17.67L	P	Baseline		200 Free	08/01/09	ASI Long Course Age Group Cham
1:14.62L	P	-2.86	-3.69%	100 Breast	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:17.48L	F	Baseline		100 Breast	08/02/09	ASI Long Course Age Group Cham
2:47.53L	P	-7.57	-4.32%	200 Breast	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
2:55.10L	F	Baseline		200 Breast	07/31/09	ASI Long Course Age Group Cham
McCarthy, Nicholas (18) B						
25.33L	P	0.51	2.05%	50 Free	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
24.82L	F	Baseline		50 Free	08/02/09	ASI Long Course Age Group Cham
56.89L	P	1.23	2.21%	100 Free	03/07/10	CSRVIII 2010 LC SPEEDO CHAMPION
55.66L	F	Baseline		100 Free	07/23/09	2009 MV CSRVIII SUMMER LC SPE
2:14.08L	P	-0.51	-0.38%	200 Free	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
2:14.59L	P	Baseline		200 Free	08/01/09	ASI Long Course Age Group Cham
1:07.25L	P	1.32	2.00%	100 Back	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:05.93L	F	Baseline		100 Back	08/02/09	ASI Long Course Age Group Cham
1:05.95L	P	1.74	2.71%	100 Fly	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:04.21L	F	Baseline		100 Fly	08/01/09	ASI Long Course Age Group Cham
McCauley, Blake (14) B						
1:01.02L	P	4.14	7.28%	100 Free	03/07/10	CSRVIII 2010 LC SPEEDO CHAMPION
56.88L	F	Baseline		100 Free	08/01/09	ASI Long Course Age Group Cham
2:08.34L	P	0.95	0.75%	200 Free	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
2:07.39L	P	Baseline		200 Free	08/01/09	ASI Long Course Age Group Cham
4:37.25L	P	12.67	4.79%	400 Free	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
4:24.58L	F	Baseline		400 Free	07/31/09	ASI Long Course Age Group Cham
1:04.34L	P	-1.61	-2.44%	100 Back	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:05.95L	F	Baseline		100 Back	08/02/09	ASI Long Course Age Group Cham
2:22.52L	P	-2.29	-1.58%	200 Back	03/07/10	CSRVIII 2010 LC SPEEDO CHAMPION
2:24.81L	F	Baseline		200 Back	07/31/09	ASI Long Course Age Group Cham
1:05.91L	P	1.11	1.71%	100 Fly	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:04.80L	F	Baseline		100 Fly	08/01/09	ASI Long Course Age Group Cham
Olson, Samuel (17) B						
2:03.82L	P	-6.03	-4.64%	200 Free	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
2:09.85L	P	Baseline		200 Free	06/21/09	Recordsetter Invitational
1:02.37L	P	1.06	1.73%	100 Back	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:01.31L	F	Baseline		100 Back	08/02/09	ASI Long Course Age Group Cham
2:18.51L	P	4.21	3.13%	200 Back	03/07/10	CSRVIII 2010 LC SPEEDO CHAMPION
2:14.30L	F	Baseline		200 Back	07/31/09	ASI Long Course Age Group Cham
1:02.11L	P	0.30	0.49%	100 Fly	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:01.81L	F	Baseline		100 Fly	08/01/09	ASI Long Course Age Group Cham
Sun, Ravi (15) B						
1:01.74L	P	0.12	0.19%	100 Back	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:01.62L	F	Baseline		100 Back	07/24/09	2009 MV CSRVIII SUMMER LC SPE

2:18.77L	P	0.38	0.27%	200 Medley	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
2:18.39L	F	Baseline		200 Medley	08/01/09	ASI Long Course Age Group Cham
4:57.92L	F	-0.41	-0.14%	400 Medley	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
4:58.33L	F	Baseline		400 Medley	07/31/09	ASI Long Course Age Group Cham
Wilmoth, Kevin (18) B						
25.05L	F	0.59	2.41%	50 Free	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
24.46L	F	Baseline		50 Free	08/02/09	ASI Long Course Age Group Cham
53.96L	P	1.22	2.31%	100 Free	03/07/10	CSRVIII 2010 LC SPEEDO CHAMPION
52.74L	F	Baseline		100 Free	08/01/09	ASI Long Course Age Group Cham
2:03.60L	P	4.92	4.15%	200 Free	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:58.68L	F	Baseline		200 Free	08/01/09	ASI Long Course Age Group Cham
1:05.71L	P	1.77	2.77%	100 Back	03/06/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:03.94L	P	Baseline		100 Back	07/24/09	2009 MV CSRVIII SUMMER LC SPE
1:05.57L	P	2.23	3.52%	100 Fly	03/05/10	CSRVIII 2010 LC SPEEDO CHAMPION
1:03.34L	P	Baseline		100 Fly	07/23/09	2009 MV CSRVIII SUMMER LC SPE